

How to Check the Online Menu for Allergens

STEP 1. Please go to www.alhambraesd.org/ChildNutrition

STEP 2. Click on the icon "Online School Menu"

District Home	Our Schools 🗸	Translate Language 🛛 🗸					١	Website Admin	C	्र Search
	Alhamb: BRA Educating the	ra Elementary Sche Whole Child.	ool District	Home	Parents	Students	Community	District Dep Care	partments ers Give	Employees Calendar
		Home > Pare	nts > Meal Menu and Nutrition > Stu	ident Meals	Popul	ar Links 🗸				
Meal Meal Student Meals Meal Price USDA Non-Dis	enu and Nu s rs	trition ×	Welcome to Child Nur Online School Menu	trition	Specia Accomm	I Diet odation		Child Nutrit	ion Forms	

STEP 3. You will be directed to the Alhambra Elementary school District Online Menu. Under the "Filter by" select the school your student attends.





STEP 4. Once you have selected the correct school, you can go to "Filter by" > "Allergens" and select the allergies you are interested in.

	Alhambra ESD I	English 🗸					
MENU	Filter by: Catalina Ventura		a School 🗸 🗸 Allergens		Uieta (Porti	ctions 🗸	
Go back to Titan home page				Egg Fish			
	< Oct 24 - Oct 30 >			Milk Peanuts			₽
	Breakfast	Lunch Sn	ack	Shellfish			
	Mon	day	τι	500)	neone say	Thursday	Friday
	25		26		27	28	29
	MAIN ENTREE		MAIN ENTREE		MAIN ENTREE	MAIN ENTREE	MAIN ENTREE
	Honey Scooters Cereal Stit SIDES SIDES SIDE SIDE		Strawberry Cream Cheese Mini Bagels SIDES Siliced Apples MILK 1%: White, Fat Free JUICE 100: % Orange/Tangerine_Juice (4.23.oz), No.added Sugar)		Whole Grain French Toast Benefit Bar	Homemade Banana Muffin	Pancakes with Blueberry Glaze
					MILK	SIDES	MILK
					1% White Milk	Fresh Orange	1% White Milk Milk White Fat Free
					Milk, White, Fat Free	MILK	
					JUICE	1% White Milk	JUICE
					100% Fruit Punch (4.23 oz) [No	Milk, White, Fat Free	100 % Orange/Tangerine Juice (4.23 oz) [No added Sugar]
					added Sugarl	JUICE	FRUITS AND FRUIT JUICES
					FRUITS AND FRUIT JUICES Mango Peach Applesauce Cup	Apple Juice (4.23 oz)	Assorted Fruit
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STEP 5. After the allergens have been selected, you can now check all the menus offered in your school, and see what items contain the allergens you selected. Items that contain allergens will be grayed out.

	Alhambra ESD No. 68						English 🗸
MENU	Filter by: Catalina Ventura Schoo		a School 🛛 🗸	Egg	 Jietary Restr 	ictions 🗸	
Ge back to Tilan home page	Cali Mixed Fruit Cup (Peaches & Pears) Milk White, Fat Free JUICE 100% Fruit Punch (4.23 oz) INP added Sugar)		Egg Egg Fish Milk Peanuts Shellfish 26 MAIN ENTREE Strawberry Cream Cheese Mini Bagels Sileed Apples MILK 1% White Milk Milk, White, Fat Free JUICE 100 % Orange/Tangerine Juice 100 % Orange/Tangerine Juice 14.23 oz) [No added Sugar]		27 MAIN ENTREE	Thursday 28 MAIN ENTREE	Friday Pot
					e Grain French Toast Benefit	Homemade Banana Muffin	Pancakes with Blueberry Glaze
					MILK <u>1% White Milk</u> Milk, White, Fat Free	Fresh Orange MILK	1% White Milk Milk, White, Fat Free
					JUICE 100% Fruit Punch (4.23.oz) [No added Sugar]	1% White Milk Milk, White, Fat Free	JUICE 100 % Orange/Tangerine Juice (4.23 oz) [No added Sugar]
					FRUITS AND FRUIT JUICES Mango Peach Applesauce Cup	Apple Juice (4.23 oz)	FRUITS AND FRUIT JUICES Assorted Fruit
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STEP 6. To change to other menus, simply click "Breakfast", "Lunch", or "Snack" (Supper only available at certain schools).

C Oct 24 - Oct 30 > Breakfast Lunch Snack							
Monday	Tuesday	Wednesday	Thursday	Friday			
25	26	27	28	29			
MAIN ENTREE	MAIN ENTREE	MAIN ENTREE	MAIN ENTREE	MAIN ENTREE			
Honey Scooters Cereal	Strawberry Cream Cheese Mini Bagels						
SIDES			SIDES	MILK			
Cali Mixed Fruit Cup (Peaches & Pears)	Silicad Apples	MILK <u>1% White Milk</u> Milk, White, Fat Free	Fresh Orange	<u>1% White Milk</u> Milk, White, Fat Free			
	Silced Apples		MILK				
MILK	MILK		1% White Milk	JUICE			
1% White Milk Milk White Fat Free	1% White Milk Milk White Fat Free	JUICE	Milk, White, Fat Free	100 % Orange/Tangerine Juice			
, , , , , , , , , , , , , , , , , , ,		added Sugar]	JUICE	(120 02) [10 00000 00301]			
JUICE	JUICE		Apple Juice (4.22 oz)	FRUITS AND FRUIT JUICES			
100% Fruit Punch (4.23 oz) [No added Sugar]	100 % Orange/Tangerine Juice (4.23 oz) [No added Sugar]	Mango Peach Applesauce Cup	<u></u>	Assorted Fruit			

STEP 7A. If you wish to print the menu, you can click on the printer icon.

C Oct 24 - Oct 30 Breakfast Lunch Snack							
Monday	Tuesday	Wednesday	Thursday	Friday			
25	26	27	28	29			
MAIN ENTREE	MAIN ENTREE	MAIN ENTREE	MAIN ENTREE	MAIN ENTREE			
Honey Scooters Cereal	Strawberry Cream Cheese Mini Bagels						
SIDES			SIDES	MILK			
Cali Mixed Fruit Cup (Peaches &	SIDES	MILK 1% White Milk	Fresh Orange	1% White Milk			
Pears)	Sliced Apples			Milk, White, Fat Free			
MILK	MILK	Milk, White, Fat Free	MILK	JUICE			
1% White Milk	1% White Milk	JUICE	1% White Milk				
Milk, White, Fat Free	Milk, White, Fat Free	100% Fruit Punch (4.23 oz) [No added Sugar]	Milk, White, Fat Free	(4.23 oz) [No added Sugar]			
			JUICE				
JUICE	JUICE	FRUITS AND FRUIT JUICES	Apple Juice (4.23 oz)	FRUITS AND FRUIT JUICES			
100% Fruit Punch (4.23 oz) [No added Sugar]	100 % Orange/Tangerine Juice (4.23 oz) [No added Sugar]	Mango Peach Applesauce Cup		Assorted Fruit			



STEP 7B. Another window will open up after you click the icon, make sure that you select the allergens then hit "Print"

Print						×
ALHAMBRA	Serving Session Breakfast Nutrients @					
October 2021 Catalin	a Ventura School Break	fast Menu			Nutrients (
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Nutrients	~
25	26	27	28	29	Allergens ⑦	
Main Entree	Main Entree	Main Entree	Main Entree	Main Entree	Egg	~
Honey Scooters Cereal	Strawberry Cream Cheese Mini Bagels	Whole Grain French Toast Benefit Bar	Homemade Banana Muffin	Pancakes with Blueberry Glaze	Faa	
Sides	Sides	Mile	Sides	Mille	Egg	
Cali Mixed Fruit Cup (Peaches & Pears)	Sliced Apples	1% White Milk	Fresh Orange	1% White Milk	Fish	
Milk	Milk	Milk, White, Fat Free	Mille	Milk, White, Fat Free	Milk	
1% White Milk	1% White Milk	Juice	1% White Milk	Juice		
Milk, White, Fat Free	Milk, White, Fat Free	100% Fruit Punch (4.23 oz) [No added	Milk, White, Fat Free	100 % Orange/Tangerine Juice (4.23 oz)	Peanuts	
Juice	Juice	Sugarj	Juice	[No added Sugar]	Shellfish	
Sugar]	[No added Sugar]	Fruits and Fruit Juices	Apple Juice (4.23 oz)	Fruits and Fruit Juices		
		Mango Peach Applesauce Cup		Assorted Fruit		
					Cancel Pri	nt